



unite for diabetes



# A 3 DIMENSIONAL APPROACH TO MANAGEMENT OF **DIABETES**

**27 - 28 APRIL 2019**

**HOTEL SAVERA**

146, DR.RADHAKRISHNAN ROAD, CHENNAI - 4



Organized by



Academy for  
Diabetes Education



DEAR Foundation



in association with



Southern Chapter



Dear friends,

On behalf of the organizing committee of 3D 2019, it gives me great pleasure to welcome you all to the 3rd Annual Conference of DIABETES | DIALOGUES | DISCUSSIONS (3D 2019) which is being held at Chennai on 27-28 April, 2019. It is an honor to host you and also to make you comfortable and with your participation it would be a great success.

The scientific committee has taken all efforts to make the scientific content of this meeting a learning experience. Treatment of Diabetes is challenging to the care provider and has to be constantly updated. This conference is packed with discussions, State of the Art Lectures, Meet the Expert (MTE) sessions, Workshops, Debates and Controversies. More than 60 top national faculty members of repute are ready to discuss various issues in management of diabetes. In this conference significant time is allotted for interactive sessions. Bon appetite for learning in diabetes.

Eagerly waiting to meet you all at Chennai.

**Dr. G. Vijaya Kumar**  
Organizing Secretary - 3D 2019



**Scientific Program Committee** - Dr. C.R. Anand Moses | Dr. Krishna G Seshadri | Dr. S. Venkataraman

**Local Organizing Committee** - Dr. Bhavatharani | Dr. S. Chandrasekhar | Dr. M. Chellamariappan | Dr. D. Dhanamithran | Dr. R. Gowrishankar  
Dr. K. Mohan | Dr. A. Natarajan | Dr. K. P. Pitchumani | Dr. R. P. Rajesh | Dr. Ravindranath | Dr. P. Selvapandian | Dr. A. Srivatsa

## Scientific Programme Agenda

DAY 1 - 27 April 2019		
08.00AM	Registration	
08.45AM	Inauguration by <b>Prof. V. Seshiah</b>	
09.00 - 10.15AM	<b>Session 1 - Clinical Approach : Marginally Abnormal Biochemical Parameters</b>	
Chairpersons	Dr Hari Vinay Kumar   Dr Natrajan   Dr Sriharee Kulkarni	
09.00 - 09.15AM	TSH - 7 in a diabetic - Do I need to treat?	Dr Shriraam Mahadevan
09.15 - 09.30AM	Uric Acid - 8 Is it significant to treat?	Dr Usha Ayyagari
09.30 - 09.45AM	Tg 260 in an Indian Diabetic - Is it significant ?	Dr Mahadevan
09.45 - 10.00AM	Creatine 1.5 - How do I Deal?	Dr Sarita Vinod
10.00 - 10.15AM	Discussion	
10.15 - 11.30AM	<b>Session 2 - Plenary Lectures</b>	
Chairpersons	Dr A Sundaram   Dr V Venkatarathnam   Dr Balaji	
10.15 - 10.35AM	10 considerations to use DPP IV i for the clinician	Dr CR Anand Moses
10.35 - 10.55AM	NAFLD - Diagnostic Hierarchy, Prognosis & Management	Dr. Murugan
10.55 - 11.15AM	Sleep Disorders in Diabetes	Dr. N. Ramakrishnan
11.15 - 11.30AM	Discussion	

11.30 - 12.45PM	<b>Session 3 - Symposium 1 : Infections and Diabetes</b>	
Chairpersons	Dr MC Deepak   Dr Dharmarajan   Dr SS Murthy	
11.30 - 11.45AM	MDR Tuberculosis in Diabetes	Dr R Narasimhan
11.45 - 12.00 N	Poorly controlled diabetes, cachexia , fever & visceral abscess	Dr. Ram Gopalakrishnan
12.00 - 12.15PM	Asymptomatic Bacturia	Dr Abdul Gafoor
12.15 - 12.30PM	Immunisation for Diabetics	Dr Rama Subramanian
12.30 - 12.45PM	Discussion	
12.45 - 1.30PM	<b>Session 4 - Symposium 2</b>	
Chairpersons	Dr VV Ramkumar   Dr Pitchumani   Dr O Seetharamaiah	
12.45 - 12.55PM	Reducing CV burden-Time to bell the cat ?	Dr S Venkataraman
12.55 - 01.05PM	Choice of DPP IV i - Evidence to date	Dr Shruthi Chandrasekar
01.05 - 01.15PM	Perfect partners for better control	Dr Krishna G Seshadri
01.15 - 01.30PM	Discussion	
01.30 - 02.15PM	Lunch	
02.15 - 03.00PM	<b>Session 5 - Symposium 3</b>	
Chairpersons	Dr M.Chellamariappan   Dr Bhavatharani   Dr A Srivatsa	



02.15 - 02.30PM	Insulin Initiation in clinical care-choices and decision making	Dr JS Kumar
02.30 - 02.45PM	New Insulin-Glargine 300 evidence based position in care	Dr A Ramachandran
02.45 - 03.00PM	Discussion	
<b>03.00 - 04.00PM</b>	<b>Session 6 - Diabetes Dialogues - Rapid Fire</b>	
Chairpersons	Dr S Chandrasekar   Dr Ravindranath   Dr P Krishna Prasanthi	
03.00 - 03.10PM	Off target usage of Anti diabetic drugs	Dr AJ Asirwadam
03.10 - 03.20PM	Diabesity - Drug therapy	Dr PV Rao
03.20 - 03.30PM	Postprandial Hyperglycemia	Dr Anand Moses
03.30 - 03.40PM	ED with Normal Testosterone levels	Dr Balamurugan
03.40 - 03.50PM	Managing elderly diabetics with DPP IV i	Dr R Madhavan
03.50 - 04.00PM	Discussion	
<b>04.00 - 05.00PM</b>	<b>Session 7 - Diabetic Case Presentations - Discussions</b>	
Chairpersons	Dr CR Anand Moses   Dr S Venkataraman   Dr Krishna G Seshadri	
Presenter	Dr R P Rajesh	
	Dr Gowrishankar	
	Dr Selvapandian	
	Dr K Mohan	
	Dr Paranthaman	
<b>05.00 - 06.00PM</b>	<b>Session 8 - Diabetes Dialogues - Jugalbandhi</b>	
05.00 - 05.30PM	PCOS & Menopause in a Diabetic woman – An approach Dr. Jaishree Gopal   Dr Amitha Pandey	
05.30 - 06.00PM	3 decades of diabetes management - Evolution or Revolution ? Dr A Ramachandran   Dr S Venkataraman   Dr Krishna G Seshadri	
<b>06.00 - 07.15PM</b>	<b>Session 9 - What's new?</b>	
Chairpersons	Dr K.Shanmugam   Dr R Madhavan   Dr A. PannerSelvam	
06.00 - 06.15PM	Drugs in pipeline for treatment of Diabetes Type 2	Dr Nanditha Arun
06.15 - 06.30PM	PCSK 9 - usage in a diabetic	Dr Dr N Sivakataksham
06.30 - 06.45PM	Secondary hypertension-suspicion & screening	Dr SS Lakshmanan
06.45 - 07.00PM	Biomarkers for diagnosing complications	Dr Vijay Viswanathan
07.00 - 07.15PM	Discussion	
07.15PM	Dinner	
<b>DAY 2 - 28 April 2019</b>		
<b>09.00 - 10.00AM</b>	<b>Session 10 - Diabetes Dialogues - Rapid Fire</b>	
Chairpersons	Dr Shanmugavelu   Dr Madhav   Dr Y Ramu	
09.00 - 09.10AM	Circadian Rhythm & Diabetes	Dr Y Sadasiva Rao
09.10 - 09.20AM	MNT for Sarcopenia	DR S Venkataraman
09.20 - 09.30AM	CVOTs & SGLT2i - a critical analysis	Dr Samit Ghosal
09.30 - 09.40AM	Diabetes & Stroke	Dr MV Ramamohan

09.40 - 09.50AM	Mobile Apps for practising physician	Dr Jayaprakash Sai
09.50 - 10.00AM	Discussion	
<b>10.00 - 11.15AM</b>	<b>Session 11 - Plenary Lectures</b>	
Chairpersons	Dr K Sai   Dr Shivashankar   Dr R Madhavan	
10.00 - 10.20AM	Cross Talk between Liver and Pancreas	Dr Rajiv Kovil
10.20 - 10.40AM	Diabetic dysinformation	Dr Krishna G Seshadri
10.40 - 11.00AM	Technology for better care & empowerment of the patient	Dr Manoj Chawla
11.00 - 11.15AM	Discussion	
<b>11.15 - 12.15PM</b>	<b>Session 12 - Diabetes Discussion - Jugalbandhi</b>	
11.15 - 11.45AM	Difficult diabetes & difficult diabetic Dr Manoj Chawla & Dr. S Venkataraman	
11.45 - 12.15PM	Holistic approach - Steno to Chennai Dr Samit Ghosal & Dr Rajiv Kovil	
<b>12.15 - 01.00PM</b>	<b>Session 13 - Symposium 4</b>	
Chairpersons	Dr D.Shantharam   Dr CR Anand Moses	
12.15-12.30 PM	Ultra fast acting insulin for optimum control of postprandial glucose	Dr S Venkataraman
12.30-12.45 PM	Co-formulation insulin : From convenience to clinical relevance	Dr Krishna G Seshadri
12.45-01.00 PM	Discussion	
01.00 - 01.45PM	Lunch	
<b>01.45 - 02.30PM</b>	<b>Session 14 - Symposium 5</b>	
Chairpersons	Dr Dharmarajan   Dr Peryandavar	
01.45 - 02.00 PM	Can DPP IV i be a good partner to Metformin ?	Dr AK Singh
02.00 - 02.20 PM	Role of vitamins in management of diabetes	Dr. G. Vijayakumar
02.20 - 02.30 PM	Discussion	
<b>02.30 - 03.30PM</b>	<b>Session 15 - Panel Discussion : Burning issues in Diabetic Diet</b>	
Chairperson	Dr. R Madhavan	Moderator Dr Shanmugavelu
	1. Indian High Carb Diet - is it really toxic ? Panelists	
	2. VLCD /LCD Dr Jaishree Gopal	
	3. Can high protein diet - help in prevention & control ? Dr Dharani Krishnan	
	4. Eating disorders in diabetes Dr Balamurugan	
	5. Artificial sweeteners Dr A K Singh	
	6. Keto & Palio Diet	
	7. Any other issues	
<b>03.30 - 04.00 PM</b>	<b>Session 16 - Diabetes Discussions - Jugalbandhi</b>	
	CPR for the diabetic foot Dr Rajesh Kesavan   Dr TV Raja   Dr R Ravi Kumar	
<b>04.00 PM</b>	Valedictory Function	





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